

# March 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b>	<b>2</b>
<b>AVON DAKOTA SENIOR MEALS CALL 286-3692 TO RESERVE A MEAL</b>			<b>Pork Chop w/celery sauce, 1/2c Mashed Potatoes, 1/2c Green Bean Casserole, 1/2c Tropical Fruit BB22</b>	<b>3oz Salmon Patty, 1/2c Creamed Potatoes, 1/2c Peas, 1/2c Red Jello w/Peaches A5</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>2 Swedish Meatballs over 1/2c Noodles, 1/2c Peas, 1/2c Mandarin Oranges A13</b>	<b>1pc Baked Chicken, 1/2c Mashed Potatoes &amp; Milk Gravy, 1/2c Harvard Beets, 1/2c Apricots CM75B - CH3</b>	<b>3oz Liver and Onions, Baked Potato, 1/2c Green Beans, 3/4c Crunchy Cranberry Salad CM13</b>	<b>3oz Roast Pork, 1/2c Boiled Potatoes &amp; Gravy, 1/2c Peas, 1/2c Jello w/Fruit &amp; Whip Topping D9</b>	<b>Cook's Choice</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>2/3c Tator Tot Casserole, 1/3c Seasoned Spinach, 1/2c Mixed Fruit 15-3 - T2</b>	<b>Cacciatore Chicken, Baked Potato, 1/2c Green Beans, 1/2c Apple Sauce A16</b>	<b>Birthday Dinner</b>	<b>Baked Ham, 1/2c Cooked Apples, 1/2c Scalloped Potatoes, 1/2c California Veggies Cake &amp; Ice Cream A12</b>	<b>3 oz Breaded Baked Fish, 1/2c Company Potatoes, 1/2c Peas, 3/4c Jello w/mandarin oranges CM76A - F2</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>4.5x6" Homemade Pizza, 1c Tossed Salad, 1/2c Peaches CM1</b>	<b>Chicken Parmesan, 1/2c Oven Baked Brown Rice, 1/2c Parslied Carrots, 1/2c Cooked Apples CM71A - CH29</b>	<b>3oz Baked Chicken Fried Steak, 1/2c Mashed Potatoes &amp; Milk Gravy, 1/2c Peas, 1/2c Apricots, D3</b>	<b>BBQ Ribs, Baked Potato, 1/2c Carrots, 1/2c Blueberry Yogurt, Orange 11-3 - P5</b>	<b>1c Tuna &amp; Noodles, 1c Tossed Salad, 1/2c Broccoli, 1/2c Peach Crisp CM82 - T3</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>1/2c Sloppy Joe on Bun, 1c Macaroni &amp; Cheese, 1/2c Broccoli, Orange CM58C - S31</b>	<b>BBQ Chicken, Baked Potato, 1/2c Mixed Vegetables, 1/2c Pears AA9</b>	<b>Hot Beef Sandwich, 1/2c Mashed Potatoes &amp; Gravy, 1/2c Corn, 1/2c Sunshine Salad AA14</b>	<b>Pork Chop w/Mushroom Sauce, 1/2c Sweet Potatoes, 1/2c Green Beans, 1/2c Mixed Fruit A8</b>	<b>NO MEALS Good Friday Holiday</b>

**NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS ARE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.**