

DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
<p>AVON DAKOTA SENIOR MEALS CALL 286-3692 TO RESERVE A MEAL</p>				<p>1/2c Sloppy Joe on a Bun, 1/2c Potato Salad, 1c Tossed Salad, 1/2c Pears CM58</p>
4	5	6	7	8
<p>2 Swedish Meatballs over 1/2c Noodles, 1/2c Peas, 1/2c Mandarin Oranges A13</p>	<p>BBQ Chicken, Baked Potato, 1/2c Mixed Vegetables, 1/2c Pears AA9</p>	<p>3oz Chicken Fried Steak w/Gravy, 1/2c Garlic Mashed Potatoes, 1/2c Broccoli, 1/2c Sliced Peaches CO73</p>	<p>BBQ Ribs, Baked Potato, 1/2c Carrots, 1/2c Blueberry Yogurt, Orange 11-3 - P5</p>	<p>3oz Hamburger w/Bun, 1/2c Hash Browns, 1/2c Baked Beans, 1/2c Pears C16</p>
11	12	BIRTHDAY/ANNIVERSARY 13	14	15
<p>3oz Meatloaf, Baked Potato, 1/2c Creamed Peas, 1/2c Pineapple Tidbits B10</p>	<p>COOK'S CHOICE</p>	<p>Baked Ham, 1/2c Cooked Apples, 1/2c Scalloped Potatoes, 1/2c California Veggies Cake & Ice Cream A12</p>	<p>3oz Breaded Baked Fish, 1/2c Parsley Potatoes, 1/2c Glazed Carrots, 3/4c Pudding w/Fruit AA10</p>	<p>4.5x6" Homemade Pizza, 1c Tossed Salad, 1/2c Peaches CM1</p>
18	19	20	21	22
<p>3oz Salisbury Steak w/Gravy, 1/2c Mashed Potatoes, 1/2c Parslied Carrots, Seasonal Fruit AA1</p>	<p>1pc Baked Chicken, 1/2c Baked Sweet Potato, 1/2c Harvard Beets, 1/2c Pears 10-3 - CH9</p>	<p>CHRISTMAS DINNER</p>	<p>Pork Chop w/Celery Sauce, 1/2c Baked Brown Rice, 1/2c Broccoli, 1/2c Fruit Cocktail B14</p>	<p>1c Chili, 1/2c Fruit Cocktail, 1/2c Vanilla Ice Cream CM59F - S44</p>
25	26	27	28	29
<p>CHRISTMAS NO MEALS</p>	<p>1c Lasagna, French Bread, Tossed Salad, 1/2c Plums A7</p>	<p>3oz Roast Pork, 1/2c Company Potatoes, 1/2c Cooked Cabbage, 1/2c Plums BB8</p>	<p>3oz Swiss Steak w/Onions & Tomatoes, 1/2c Mashed Potatoes, 1/2c Creamed Peas, 1/2c Fruit Cocktail A24</p>	<p>1c Vegetable Soup, Tuna Salad Sandwich, Fresh Pear CO24</p>
<p>NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS ARE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.</p>				