

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
AVON DAKOTA SENIOR MEALS CALL 286-3692 TO RESERVE A MEAL				Hamburger on a Bun, Tator Tots, Baked Beans, Pears B16
4	5	6	7	8
LABOR DAY NO MEALS	Chicken Parmesan, Baked Potato, Corn O'Brien, Tropical Fruit A2	Baked Ham, Baked Potato, Corn, Tomato Slices, Peaches CM62B - P4	Chicken Fried Steak w/Country Gravy, Garlic Mashed Potatoes, Seasoned Cauliflower Broccoli Mix, Apple, Drop Biscuit CO33	Ham, Scalloped Potatoes, California Medley, Apple, Ice Cream A12
11	12	BIRTHDAY DINNER 13	14	15
Meatloaf, Brown Gravy, Cheesy Potatoes, Seasoned Green Beans, Pineapple Tidbits CO42	Baked Chicken, Mashed Potatoes & Milk Gravy, Parslied Carrots, Jello w/Peaches CM75D - CH5	Roast Beef, Gravy, Mashed Potatoes, Corn, Fruit, Cake & Ice Cream	BBQ Ribs, Baked Potato, Cinnamon Roll, Carrots, Blueberry Yogurt, Orange 11-3 - P5	Tuna Salad on a Bun, Tossed Salad, Tomato Slices, Seasonal Fresh Fruit A15
18	19	20	21	22
Beef Stroganoff, Cut Broccoli, Tossed Salad, Apricot Pineapple Compote CO54	Breaded Baked Fish, Company Potatoes, Peas, Tossed Salad, Jello w/mandarin oranges CM76A - F2	Swiss Steak w/Onions & Tomatoes, Mashed Potatoes, Peas, Fruit Cocktail AA24	Pork Roast, Mashed Potatoes & Gravy, Harvard Beets, Cooked Apples A4	Homemade Pizza, Tossed Salad, Peaches CM1
25	26	27	28	29
Salisbury Steak w/Gravy, Mashed Potatoes, Parslied Carrots, Seasonal Fruit AA1	BBQ Chicken Legs, Baked Potato, Sour Cream, Mixed Vegetables, Pears AA9	Hot Beef Sandwich, Mashed Potatoes & Gravy, Green Beans & Carrots, Peaches B4	Pork Chops w/Mushroom Sauce, Sweet Potatoes, Green Beans, Mixed Fruit A8	Cooks Choice

NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS ARE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.